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Administration



Laura Hawkins, Director

Vacant  
Director of Behavioral Health

Dr. Jared Garrison  
County Health Officer

Laura Medina  
Assistant Deputy Director of  
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## PRESS RELEASE

Public Information Contact:  
Natalie Benjamin, LVN Immunization Coordinator  
(530) 934-6588

FOR IMMEDIATE RELEASE  
Date: September 5, 2025

### **Glenn County Public Health's 2025 Seasonal Flu Shot Clinics**

**Glenn County, CA** - Glenn County Public Health will be hosting three community clinics and two senior clinics offering the seasonal influenza (flu) vaccine. The senior clinics will be offering the high dose vaccines for those seniors and those who are immunocompromised. All flu vaccine is FREE to persons 6 months of age and older. No appointment, ID, or insurance is needed for any of the clinics.

The flu vaccine has been shown to prevent influenza illnesses, hospitalizations, and deaths each year. The American Academy of Pediatrics recommends everyone 6 months and older to get the flu vaccine every year. The best time to get the flu shot is late September or October to provide the best immunity for the duration of the flu season.

#### **Community Flu Vaccine Clinics will be held**

**Thursday, September 25th, 2:30 pm – 6:30 pm**

Orland Memorial Hall – 327 4<sup>th</sup> Street, Orland

**Monday, September 29th, 2:30 pm – 6:30 pm**

Willows Public Health Office – 240 N. Villa Avenue, Willows

**Saturday, October 11th, 11:30 am – 2:30 pm**

Hamilton City Library – 330 Broadway, Hamilton City

#### **Senior Flu Vaccine Clinics will be held**

**Tuesday, October 7th, 9:00 am – 11:00 am**

Willows Senior Nutrition Center - 556 East Sycamore Street, Willows

**Thursday, October 9th, 9:00 am – 11:00 am**

Orland Senior Nutrition Center - 19 Walker Street, Orland

In addition to the vaccine, there are other steps to take to help protect yourself and others against the flu:

- Cover your nose and mouth with a tissue when you cough or sneeze and throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Avoid close contact with people who are sick. When sick, keep distance from others to protect them from getting sick too.
- If possible, stay home from work, school, and errands when you are sick. This will help prevent spreading your illness to others.
- Practice other good health habits. Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

For more information, contact Glenn County Public Health at (530) 934-6588 or visit our website: [www.countyofglenn.net/publichealth](http://www.countyofglenn.net/publichealth).

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