Resources for

HEALTHY RELATIONSHIPS, SEXUALITY, AND PREVENTION OF ABUSE

POLICY STANDARDS
Approved by the FNRC Board of Directors and the Area II Board

- Education and Training
- Boundaries
- Privacy of Information
- Privacy of Space & Personal Care
- Relationships
- Sexual Expression
- Marriage
- Parenting
- Sexual Abuse
- Sexual Misconduct
- Drug and Alcohol Abuse Prevention

TIPS AND INFORMATION
What can your agency do to implement the Policy Standards?
www/farnorthernrc.org/mylifemychoice or call Area II Board (530) 895-4027

CONSUMERS AND STAFF TRAINING BY SELF-ADVOCATES
SAY (Same as You): respect everyone, seeing the person behind the disability
Abuse Prevention Team: teaches consumers to stand up against abuse
CAAT (Abuse Awareness): teaches staff to identify and end the culture of abuse
ME and YOU: basic co-ed course on self-esteem, dating, and relationships
Respect Yourself: healthy relationships and sexuality course for adults
To schedule a presentation call We Care A Lot (530) 223-7771

PERSONAL CARE GUIDELINES (VIA IPP)
A booklet for people who need help with personal care

- Privacy
- Permission
- Safety
- Same Way Every Time
- Decreases Abuse
- Increases Self-care

Referral by FNRC Service Coordinators or for information call CLO (530) 877-7320

PEOPLE WITH DEVELOPMENTAL DISABILITIES HAVE A RIGHT TO:

... GROW into adulthood and adult relationships

... have a SAFE place to live and work

... be given INFORMATION in order to be able to form HEALTHY relationships