

Symptoms of COVID-19

Glenn County Public Health



WHAT YOU NEED TO KNOW

- Anyone can have mild to severe symptoms
- Older adults and people who have underlying medical conditions seem to be at higher risk for developing more severe complications from COVID-19

MONITOR YOUR HEALTH DAILY

- Be alert for symptoms
- Take your temperature if symptoms develop
- Stay home if you are feeling sick or starting to develop symptoms

WATCH FOR SYMPTOMS

People with COVID-19 have had a wide range of symptoms reported—ranging from mild symptoms to severe illness.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

WHEN TO SEEK EMERGENCY MEDICAL ATTENTION

If anyone is showing any of these signs, seek emergency medical care immediately:

- Bluish lips or face
- Trouble breathing
- New confusion
- Persistent pain or pressure in the chest
- Inability to wake or stay awake

FOR MORE INFORMATION,
VISIT WWW.COUNTYOFGLENN.NET/COVID19
OR CALL (530) 934-6588