Reopening during COVID-19

This Plan provides guidelines for a phased reopening during COVID-19 developed by the Glenn County Public Health in coordination with the Glenn County Office of Emergency Services.

The local plan is based on the National Plan for Opening up America Again. This plan is a phased plan that will allow for a slow and steady pace to return our community to normal operations. This is necessary to continue to limit the spread of COVID-19 disease. This Plan may be incrementally based on health indicators and does not provide specific dates. This plan also allows for targeted mitigation measures, as well as the regression to a prior phase should a spike in community transmission of COVID-19 occur.

This plan is not meant to be prescriptive but rather assistive. The guidelines should assist our community members and business operators in a healthy reopening and return to normal. *Community support and personal responsibility is critical for this plan to work.* We ask that each resident of Glenn County make informed decisions to keep yourself and your family healthy throughout the duration of this pandemic.

*This plan is in draft form at this time as it may be subject to changed based on state guidance and approval.*

**Phase 1:**


**Phase 2A:**


**Individuals:**

- **Anyone who is feeling ill should stay home.** A person ill with COVID-19 symptoms should remain isolated at home for no less than 7 days from onset of symptoms, or 3 days past fever whichever is longer. Consult with your healthcare provider.

- **Continue physical distancing** – When in public, maximize physical distance from others (at least six feet).

May 4, 2020
• **Maintain good hygiene practices** – Washing hands, use hand sanitizer, cleaning frequently touched surfaces, covering coughs & sneezes, consider wearing a face mask in public.

• **Social Settings** – Gatherings should be limited to 10 people or less.

• **Vulnerable (high risk) individuals** – are encouraged to stay at home. Households with vulnerable members should be aware that other members of the household may increase risk of transmission if resuming normal activities. Precautions should be taken to protect the vulnerable household members.

• **Non-essential travel is discouraged.**

**Work & Business:**

• **Return to work and business should be phased, provide appropriate physical distancing measures, and ensure sick employees do not come to work.**
  o Office based work should continue to allow for tele-work as much as possible.
  o Meeting rooms, break rooms and other common areas should remain closed or be limited in capacity to provide physical distancing between employees.
  o If you are a medium to large employer, return employees back to work in phases, rather than all at once. This will maintain physical distancing in the workplace.
  o Protection and accommodations should be provided to employees who are high risk for COVID-19.
  o Clean frequently touched surfaces.
  o Ensure sick employees remain at home or go home immediately if they become ill at work.

• **Businesses (stores and offices) may reopen*.**
  o **Owners and operators are encouraged to limit the number of staff and clients in the building at a given time.**
    • Optimally less than 10 people in a small store or office.
    • 50% capacity for larger buildings.
Physical distancing of 6 feet or more should be maintained as much as possible to limit the number of exposures.

- Provide as many services as feasible with limited contact for example:
  - Online or phone orders with in store or curbside pickup
  - Limiting number of clients in a lobby or waiting area
  - Staggering appointments
- Clean frequently touched surfaces.

- **Medical, dental, and optometry offices may reopen.**
  - Ensure adequate PPE is available to provide safe services to your clients

- **Elective surgeries may resume, as clinically appropriate.**

*Refer to additional guidance document for each type of business sector for detailed health & safety strategies

* Licensed providers such as cosmetology, dental, medical etc. should refer to State Licensing Board and National Associations for guidelines, provisions, requirements, and timelines for reopening related to their particular profession.

- **Outdoor recreation may open.**
  - Physical distancing should be promoted and maintained.
  - If equipment is provided it should be cleaned after use (example: golf course providing golf clubs or golf carts)
  - Organized team sports of more than 10 should remain cancelled
  - Organized youth sports should remain cancelled

- **Gatherings of no more than 10 people recommended**
  - In addition to social settings, this applies to organized activities, groups, meetings, religious groups etc.
  - Recommend use of technology based services for groups and meetings whenever possible.
  - Utilize outdoor venues when practical
Phase 2B:
To be evaluated and approved by local and State health officials prior to implementation.

- **Restaurants may reopen for limited dine in options.**
  - Tables must allow for appropriate physical distancing.
  - No more than 50% capacity should be reached to promote physical distancing.
  - Take out options should continue to be promoted.
  - Frequent cleaning and sanitation must occur.

*Timeline and restrictions for reopening may be dependent on State provisions related to licensing for establishments that have an Alcohol Beverage Control permit. Please check with the State Board for additional restrictions and provisions.*

- **Personal Services may reopen only under strict adherence of physical distancing and frequent sanitation**
  - Limit the number of staff and clients in the building at a given time.
    - Optimally less than 10 people.
    - No more than 50% capacity.
  - Clients must be a minimum of 6 feet apart
  - Limit one person per service provider at a time.

*See Personal Care Services Health & Safety Guidance Document*

*If you are licensed by the State, please refer to your licensing Board for additional guidelines, provisions, and requirements related to your particular profession.*

- **Gyms may reopen only under strict adherence of physical distancing and frequent sanitation**
  - Limit the number of clients at a given time
  - Spread out equipment or only allow the use of every other workout station
  - Clients must be a minimum of 6 feet apart
  - Class based workouts should remain cancelled
  - Equipment and frequently touched surfaces must be sanitized between

*See Gym and Indoor Exercise Facility Health & Safety Guidance Document*
What should remain closed:

- Bars should remain closed except where food is served and may fall under restaurant guidance
- Public and community pools should remain closed.
- Organized youth sports.
- Large, congregate settings should remain closed. Examples:
  - Schools
  - Camps
  - Churches, synagogues, mosques, temples
  - Theaters
- Senior residential and care facilities should be closed to non-essential visitors.

Phase 2 will stay in place and be evaluated by local officials.

- Evaluation and monitoring:
  - Regional medical and EMS data will be monitored
  - Local healthcare facilities will continue to provide at least weekly situation reports
  - Local and regional testing will be monitored
  - Case investigation and contact tracing will be conducted
  - Coroner reports will be reviewed

- Should an increase in illness occur, targeted mitigation measures will be employed as determined by the EOC. This could include one or more of the following:
  - Increased monitoring of exposed contacts
  - Stricter quarantine of contacts
  - Increased recommended use of PPE
  - Recommended reduction in worksite staff
  - Sanitation of a specific facility
  - Closure or partial closure of a specific facility
  - Recommended reduction in social gatherings
  - Return to takeout only options for restaurants
  - Cancellation of elective procedures
- Should the increase in community spread of illness be significant, the public will be asked to return to stricter protocols.

- Should no significant increase in cases occur over a period of at least one month; then we will enter phase three for reopening which allows for decrease in recommended restrictions.
Phase 3

Changes from Phase 3:

- **Social Settings** – Gatherings should be limited to 50 people or less.
- **Travel may resume**
- **Bars may open** with appropriate physical distancing and diminished occupancy.
- **Gyms** – may resume group trainings and classes with appropriate physical distancing.
- **Organized team sports may resume** with appropriate physical distancing & hygiene protocols.
- **Congregate settings may open** with appropriate physical distancing & hygiene protocols:
  - Schools
  - Camps
  - Organized youth activities
  - Organized sports
  - Churches, synagogues, mosques, temples
  - Theaters

Phase 3 will stay in place and be evaluated by local officials.

- **Should an increase in illness occur, targeted mitigation measures will be employed as determined by the EOC.** This could include one or more of the following:
  - Increased monitoring of exposed contacts
  - Stricter quarantine of contacts
  - Increased recommended use of PPE
  - Recommended reduction in worksite staff
  - Sanitation of a specific facility
  - Closure or partial closure of a specific facility
  - Recommended reduction in social gatherings
  - Closure or partial closure of congregate settings
  - Return to takeout only options for restaurants
  - Cancellation of non-essential travel
  - Cancellation of elective procedures
• Should the increase in community spread of illness be significant, the public will be asked to return to stricter protocols.

• Should no significant increase in cases occur over a period of one month, then we will enter phase four for reopening which allows for additional decrease in restrictions.
Phase 4

Changes from Phase 3:

- Bars and restaurants may resume normal business and capacities.
- Gyms may resume normal operations and capacities.
- Community and public pools may reopen.
- Senior residential and healthcare facilities can resume normal visitation procedures.
- Physical distancing restrictions removed from worksites, businesses, schools, and congregate venues.

Phase 4 will stay in place and be evaluated by local officials.

- Should an increase in illness occur, targeted mitigation measures will be employed as determined by the EOC. This could include one or more of the following:
  - Increased monitoring of exposed contacts
  - Stricter quarantine of contacts
  - Increased recommended use of PPE
  - Recommended reduction in worksite staff
  - Sanitation of a specific facility
  - Closure or partial closure of a specific facility
  - Recommended reduction in social gatherings
  - Closure or partial closure of congregate settings
  - Return to takeout only options for restaurants
  - Cancellation of non-essential travel
  - Cancellation of elective procedures

- Should the increase in community spread of illness be significant, the public will be asked to return to stricter protocols.