



ARC Psychological First Aid Course (Helping Others in Times of Stress)

This course provides a framework for understanding the factors that affect stress responses in disaster relief workers and the communities they serve. The course introduces the principles of psychological first aid and guidelines for when to refer someone to a mental health professional, or to seek assistance for themselves.

Course presented by Marci Martinelli, LMFT and Disaster Mental Health Services Volunteer with the American Red Cross, California Gold Country Region, providing disaster relief services to 26 counties in Northern California.

Location: 127 E Walker Upstairs Conference Rm.

Date: September 21, 2023

Time: 1230 – 1630 hours

Enrollment limited to 25 participants.

Please check with your supervisor prior to registering.

Contact Hannah Bergen Ziyadinova to register: hziyadinova@countyofglenn.net

Your registration will be confirmed on September 1st

