



6. Probable duration of serious health condition or need for treatment:

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7. Type of leave requested:       Continuous       Intermittent

*When family care leave is needed to care for a seriously-ill family member, the employee shall state the care he or she will provide and an estimate of the time period during which this care will be provided, including a schedule if leave is to be taken intermittently or on a reduced work schedule. This information shall be provided separately and confidentially to the health care provider for use in completing the below information.*

8. The definitions below describe what is meant by a "serious health condition" under both the federal Family and Medical Leave Act (FMLA) and the California Family Rights Act (CFRA). **Please check the box next to the appropriate category for the patient's condition.**

A "serious health condition" means an illness, injury, impairment, or physical or mental condition that involves one of the following:

A. Hospital Care

Inpatient care (i.e., an overnight stay) in a hospital, hospice, or residential medical care facility, including any period of incapacity or subsequent treatment in connection with or consequent to such inpatient care.

B. Absence Plus Treatment

A period of incapacity of more than three consecutive calendar days (including any subsequent treatment or period of incapacity relating to the same condition), that also involves:

Treatment two or more times by a health care provider, by a nurse or physician's

Treatment two or more times by a health care provider, by a nurse or physician's assistant under direct supervision of a health care provider, or by a provider of health care services (e.g., physical therapist) under orders of, or on referral by, a health care provider; or

Treatment by a health care provider on at least one occasion which results in a regimen of continuing treatment under the supervision of the health care provider.

C. Pregnancy

Any period of incapacity due to pregnancy, childbirth, pregnancy-related conditions, or for prenatal care.  
Patient's expected delivery date: \_\_\_\_/\_\_\_\_/\_\_\_\_

D. Chronic Conditions Requiring Treatment

A chronic condition which:

Requires periodic visits for treatment by a health care provider, or by a nurse or physician's assistant under direct supervision of a health care provider.

Continues over an extended period of time (including recurring episodes of a single underlying condition).

May cause episodic rather than a continuing period of incapacity (e.g., asthma, diabetes, epilepsy, etc.).

E. Permanent/Long-term Conditions Requiring Supervision

A period of incapacity, which is permanent or long-term due to a condition for which treatment may not be effective. The family member must be under the continuing supervision of, but need not be receiving active treatment by, a health care provider. Examples include: Alzheimer's, a severe stroke, or the terminal stages of a disease.

F. Multiple Treatments (Non-Chronic Conditions)

Any period of absence to receive multiple treatments (including any period of recovery therefrom) by a health care provider or by a provider of health care services under orders of, or on referral by, a health care provider, either for restorative surgery after an accident or other injury, or for a condition that would likely result in a period of incapacity of more than three consecutive calendar days in the absence of medical intervention or treatment, such as cancer (radiation, etc.) severe arthritis (physical therapy), kidney disease (dialysis).

9. Does (or will) the patient require assistance for basic medical, hygiene, nutritional needs, safety or transportation?

Yes  No

10. Does the condition warrant the participation of the employee? (This participation may include psychological comfort and/or arranging for third-party care for the family member.)

Yes  No

If yes, please provide an estimate for the period of time care is needed or during which the employee's presence would be beneficial: \_\_\_\_/\_\_\_\_/\_\_\_\_ - \_\_\_\_/\_\_\_\_/\_\_\_\_

11. Please answer the following question only if the employee is asking for intermittent leave or a reduced work schedule.

Is it medically necessary for the employee to be off work on an intermittent basis or to work less than the employee's normal work schedule in order to provide care to the patient?

Yes  No

If the answer to question 11 is yes, please indicate the estimated hours for which the patient needs care on an intermittent basis: Please estimate the reduced work schedule the employee needs:

Hours per day \_\_\_\_\_ Days per week \_\_\_\_\_

12. Please provide any additional information, if needed:

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13. \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Signature of Health Care Provider    Type of Practice    Date

Email Address: \_\_\_\_\_

Street Address : \_\_\_\_\_  
\_\_\_\_\_