

Glenn County

SWAT

Students Working
Against Tobacco



(Like us on Facebook)

**Students Working Against Tobacco
A Youth Coalition**



A coalition is a group of people working together for a common purpose or goal. **The purpose of the SWAT youth tobacco coalition** is to promote tobacco free lives; to inform other youth about the risks of tobacco addiction; to help create or change local and state tobacco-related policies to reduce tobacco use and secondhand smoke.

What do SWAT members do?

- ❖ Attend regular meetings which are usually held once a month or as announced.
- ❖ Participate in community events or coalition projects. This could involve performing or helping with "Dandy the Smokeless Dragon", manning an information booth, environmental cleanups, conducting surveys, making educational presentations, conducting tobacco retailer checks or attending city or county meetings.
- ❖ Sign a tobacco-free contract. This means that you will remain tobacco-free while serving on this coalition, or if you are a current tobacco user, you will commit to quit using within 3-6 months.
- ❖ Learn about tobacco and its health effects, how tobacco companies target and recruit youth, how to make change in your community, advertisement aimed at youth and tobacco laws and enforcement issues.

Rewards:

- ❖ Receive a SWAT button after turning in the registration sheet and a t-shirt in December after participating in at least 3 SWAT meetings/activities.
- ❖ Being a positive presence on campus, helping others enjoy a healthier tobacco-free lifestyle, and belonging to a good club on campus.
- ❖ Receive a certificate showing community service hours for SWAT and by request receive a letter of recommendation for your portfolio and/or college and scholarship applications. Being a member of the tobacco youth coalition shows that you are community minded, care about health and youth issues, and are willing to work for change.
- ❖ Be awarded a movie pass and/or other rewards at the end of the school year for active participation and involvement in SWAT.

Contact:

Laura Medina
Glenn County Public Health
Tobacco Project Director
934-6588 or (cell) 517-0504
lauramedina@glenncountyhealth.net